

All Star Swim Meet | 2021

MORNING SESSION – 10 & UNDER

6:30am:	Coaches Entry – 2 per team Coaches only on the NON-SPECTATOR side
6:45am:	6U's at courtyard > Coaches pick up for in courtyard.
6:50am	Warm Up 6 & Under: Exit diving/timing end of pool & doors.
7:00am	7-8's Prep Warm Up: Gather in courtyard.
7:05am	Warm Up 7-8's (*see lane assignments). Exit diving/timing end of pool & doors.
7:15am	Open for spectators (NO SAVING OF SEATS).
7:20am	Call for Timers – Meet by Diving Boards Officials Meeting – WEIGHT ROOM.
7:25am	9-10's Prep Warm Up: Gather in courtyard.
7:30am	Warm Up 9-10's (*see lane assigns). Exit diving/timing end of pool & doors.
7:40am	Timer Meeting by Diving Boards, Corner of deck.
7:45am	CLEAR POOL. Head Coaches Meeting – WEIGHT ROOM
7:50am	ALL 8 U Relays report to courtyard.
8:00am	National Anthem Meet Start

*Warm Up/Cool Down Pool will NOT be open during morning session. Blocks can be used, both ends.

*Facility must be **cleared completely** at the conclusion of the morning session.

***** Lane 1 & 8 for starts One Way ONLY – Bulkhead Starts only. (7:20a 7-8, 7:45a 9-10)**

GENERAL COMMENTS:

- Absolutely NO STANDING at railing | An area is reserved in the stands for RACE VIEWING.
- All spectators will enter through lobby doors.
- Coaches: ONLY on the bulkhead during the 6U.
- No tripods or flash photography.
- Awards pick up – in front foyer, at desk.

GENERAL LCISD NAT RULES:

- No food on deck. Water only. No noise makers or throwing/dropping items from the stands.
- Wet swimmers may not enter the stands OR foyer.
- Touch Pads will be used for PM session only.
- ABSOLUTELY NO PARENTS ON DECK!

AFTERNOON SESSION – 11 & UP

12:30pm	Coaches Entry – 2 per team Coaches packet pick up
12:45pm	11-12's Prep Warm Up > Coaches meet in courtyard.
12:50pm	Warm Up 11-12: Exit diving/timing end of pool & doors.
1:00pm	13-14's Prep Warm Up: Gather in courtyard.
1:05pm	Warm Up 13-14's (*see lane assignments). Exit diving/timing end of pool & doors.
1:15pm	Open for spectators (NO SAVING OF SEATS).
1:20pm	Call for Timers – Meet by Diving Boards Officials Meeting – WEIGHT ROOM.
1:25pm	Open's Prep Warm Up: Gather in courtyard.
1:30pm	Warm Up Open's (*see lane assigns). Exit diving/timing end of pool & doors.
1:40am	Timer Meeting by Diving Boards, Corner of deck.
1:50pm	CLEAR POOL. ALL 8 U Relays report to courtyard.
2:00pm	National Anthem Meet Start

*Warm Up/Cool Down Pool will NOT be open during morning session. Blocks can be used, both ends.

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