#### All Star Swim Meet | 2021 MORNING SESSION – 10 & UNDER

6:30am:	Coaches Entry – 2 per team   Coaches only on the NON-SPECTATOR side
6:45am:	6U's at courtyard > Coaches pick up for in courtyard.
6:50am	Warm Up 6 & Under: Exit diving/timing end of pool & doors.
7:00am	7-8's Prep Warm Up: Gather in courtyard.
7:05am	Warm Up 7-8's (*see lane assignments). Exit diving/timing end of pool & doors.
7:20am	Call for Timers – Meet by Diving Boards   Officials Meeting – WEIGHT ROOM.
7:25am	9-10's Prep Warm Up: Gather in courtyard.
7:30am	Warm Up 9-10's (*see lane assigns). Exit diving/timing end of pool & doors.
7:40am	Timer Meeting by Diving Boards, Corner of deck.
7:45am	Open for 6 & Under RELAY parents only.
7:45am	CLEAR POOL. Head Coaches Meeting – WEIGHT ROOM
7:50am	ALL 8 U Relays report to courtyard.
8:00am	National Anthem   Meet Start

\*Warm Up/Cool Down Pool will NOT be open during morning session. Blocks can be used, both ends. \*Facility must be **cleared completely** at the conclusion of the morning session.

### \*\*\* Lane 1 & 8 for starts One Way ONLY – Bulkhead Starts only. (7:20a 7-8, 7:45a 9-10)

#### **GENERAL COMMENTS & NAT RULES:**

- Absolutely NO STANDING at railing
- Spectators will be given wrist for age group specific, spectator seating entry.
- Spectators will enter through lobby doors and exit thru the diving well back door, each event.
- Coaches: ONLY on the bulkhead during the 6U. No chairs.
- No tripods or flash photography.
- No food on deck. Water only.
- No noise makers or throwing/dropping items from the stands.
- Touch Pads will be used for PM session only.

#### AFTERNOON SESSION – 11 & UP

12:30pm	Coaches Entry – 2 per team   Coaches packet pick up
12:45pm	11-12's Prep Warm Up > Coaches meet in courtyard.
12:50pm	Warm Up 11-12: Exit diving/timing end of pool & doors.
1:00pm	13-14's Prep Warm Up: Gather in courtyard.
1:05pm	Warm Up 13-14's (*see lane assignments). Exit diving/timing end of pool & doors.
1:15pm	Open for spectators (NO SAVING OF SEATS).
1:20pm	Call for Timers – Meet by Diving Boards   Officials Meeting – WEIGHT ROOM.
1:25pm	Open's Prep Warm Up: Gather in courtyard.
1:30pm	Warm Up Open's (*see lane assigns). Exit diving/timing end of pool & doors.
1:40am	Timer Meeting by Diving Boards, Corner of deck.
1:50pm	CLEAR POOL. ALL 8 U Relays report to courtyard.
2:00pm	National Anthem   Meet Start

## \*\*\* Lane 1 & 8 for starts One Way ONLY – Bulkhead Starts only \*\*\*

#### **GENERAL COMMENTS & NAT RULES:**

- Absolutely NO STANDING at railing
- Spectators will be given wrist for age group specific, spectator seating entry.
- Spectators will enter through lobby doors and exit thru the diving well back door, each event.
- Coaches: ONLY on the bulkhead during the 6U. No chairs.
- No tripods or flash photography.
- No food on deck. Water only.
- No noise makers or throwing/dropping items from the stands.
- Touch Pads will be used for PM session only.

**Courtyard:** All swimmer ENTRANCE will be through the Courtyard doors. All EXITS will be through the diving well end, corner door on the spectator side. Staging & heating will start in the courtyard.

#### Awards:

- ONE designated team rep will pick up and manage team awards.
  - NO PARENT PICK UP
  - NO SWIMMER PICK UP
  - Bins for award pick up will be in Courtyard
- Results posted on side lobby glass wall. Hard Rule: NO KIDS allowed, due to weight equipment.

**DJ Sports:** All Star T-Shirts & swim/fun gear will be available for purchase.

**Coaches:** Entry at 6:30a & 12:30p. Packet pick up in front lobby. 2 on deck. No chairs. Must wear ID/wristband at all times. Can switch out (bracelets) and share deck access.

## Tent/Swimmer/Spectators: OUTSIDE in FRONT OF BUILDING

- Main parking lot between Horace Mann & Avenue I.
- Set up is on concrete. Bring something to weight the tents down.
  - Eliminates grass in pool & provides concrete access to all entrances.
  - Restroom access for swimmers > thru Courtyard doors
  - Restroom access for spectators > Front Lobby
- All swimmers, spectator seating is OUTSIDE, except during specific events.
- Extreme Weather:
  - Swimmers will be moved inside, by age group under Coach supervision
  - Spectators will need to relocate to vehicles

### Traffic & Parking:

- Drop Off Zone: marked with cones located on side entrance/stairs of Natatorium.
- Drivers will need to enter the back side of the building off of Horace Mann or from the Stadium parking lots, park in the side lot and/or drop and circle around back to wherever this is parking.
- NO PARKING on Horace Mann. NO PARKING on that road behind the Nat
- Obey all signage and parking attendants.

### Security & Spectators: PLEASE READ. \*\*THIS IS NEW due to Facility Size\*\*

- Spectators will be giving a wristband for inside access, color by AGE GROUP.
- Line will form on side ramp and will enter thru the side Lobby Doors by Age Group/Event.
- Will exit thru the BACK DOOR Stands will be cleared at the end of each race/event.
- Please practice patience. We know it's hot. We know this is new. We are doing this for the kids.

# **Team Expectations:**

- Each team needs to allocate TWO (2) VOLUNTEERS. Mandatory.
- Submit names pre-meet to Mel/<u>swimshrsl@gmail.com</u> by Thursday at 2:00pm
- These volunteers will help in the following areas:
  - Security (will have vests) Usher & Door Monitors mostly.
  - $\circ \quad \text{Timing} \quad$
  - $\circ$  Heating

• Parking Monitors